

A Problem Solution Essay

Today, [**problem**] is a big issue that affects many people. This essay will explain this problem, its effects, and some ways to fix it in order to reduce its negative impact.

The main problem is that [**describe the problem simply**]. This happens because [**1-2 main reasons**]. Because of this, several bad things happen. First, [**first result**]. Also, [**second result**]. For example, [give a simple example]. These results make life harder for people and show why this problem needs an urgent solution.

We can solve this problem in a few ways. One good solution is to [**first simple solution**]. Another way is to [**second simple solution**]. These solutions are effective because [**mention some reasons**].

In conclusion, [**problem**] is a serious issue. If schools and parents work together to spread awareness, this can be greatly reduced.

Spending too much time on mobile phones

Today, **students spending too much time on their phones** is a big issue that affects many people. This essay will explain this problem, its effects, and some ways to fix it in order to reduce its negative impact.

The main problem is that **students are always looking at their phone screens**. This happens because **social media and games are very addictive**. Because of this, several bad things happen. First, **students do not finish their homework**. Also, **they do not sleep enough at night**. For example, **a student might stay up until 2 a.m. watching videos**. These results make life harder for people and show why this problem needs an urgent solution.

We can solve this problem in a few ways. One good solution is to **use an app that locks the phone after one hour**. Another way is to **have a family rule of no phones during dinner**. These solutions are effective because **they create healthy habits and give students more free time for other activities**.

In conclusion, **too much phone time** is a serious issue. If schools and parents work together to spread awareness, this can be greatly reduced.