

Avoid the Word 'very'

Avoid saying very...	Rather say...	Avoid saying very...	Rather say...
afraid / scared	terrified/ fearful	interesting	captivating
amazed	astonished	loud	thunderous/deafening
angry	furious	mean	cruel / wicked
bad	awful	necessary	essential
beautiful	exquisite / gorgeous	old	ancient
big	enormous / massive	perfect	flawless
boring	dull	painful	unbearable
calm	serene	quick / fast	rapid
careful	cautious	quiet	silent / hushed
clean	spotless	rich	wealthy
clear	obvious	sad	miserable
clever / smart	brilliant / genius	scary	spooky
cold	freezing	shiny	gleaming
colorful	vibrant	short	brief
cute	adorable	shy	timid
dirty	squalid	simple	basic
dry / thirsty	parched	slow	sluggish
easy	effortless	small	tiny / petite
excited	thrilled	soft	downy
expensive	costly / overpriced	special	exceptional
fancy	lavish	strange	weird / bizarre
fat	obese	strong	powerful / tough
funny	hilarious	stupid	idiotic
good	superb / excellent	sure	certain / positive
great	terrific / fantastic	talented	gifted
happy	ecstatic / overjoyed	tasty	delicious
hard	difficult/ complicated	tired	exhausted
honest	sincere / frank	ugly	hideous
hot	scalding	weak	feeble
hungry	starving / famished	wet	soaked
important	crucial	worried	anxious