

## 🔑 Growth Mindset Vocabulary Table

Word	Part of Speech	Definition (Simple)	Example Sentence	Synonym	Other Form(s)
<b>attempt</b>	noun / verb	A try to do something	She made an <b>attempt</b> to finish the puzzle.	try	attempting ( <i>verb</i> ), attempted ( <i>adj</i> )
<b>resilience</b>	noun	The ability to keep going after problems or failure	His <b>resilience</b> helped him succeed after many mistakes.	strength, toughness	resilient ( <i>adj</i> )
<b>setback</b>	noun	A problem that makes progress slower or harder	Failing a test is a <b>setback</b> , but you can learn from it.	difficulty, obstacle	—
<b>growth</b>	noun	The process of improving or becoming better	Learning from mistakes shows personal <b>growth</b> .	development	grow ( <i>verb</i> ), growing ( <i>adj</i> )
<b>reflect</b>	verb	To think carefully about what you did or learned	After each lesson, we <b>reflect</b> on what we can improve.	think, consider	reflection ( <i>noun</i> ), reflective ( <i>adj</i> )
<b>perseverance</b>	noun	Not giving up even when things are hard	With <b>perseverance</b> , you can reach your goals.	determination	persevere ( <i>verb</i> )
<b>strategy</b>	noun	A plan or method to reach a goal	She used a good <b>strategy</b> to solve the math problem.	plan, method	strategic ( <i>adj</i> )